



BRONCHITIS - WHAT ARE THE SYMPTOMS OF BRONCHITIS?

IF YOU HAVE BRONCHITIS, YOU WILL USUALLY HAVE A COUGH AND ONE OR MORE OF THE FOLLOWING SYMPTOMS:

- a sore throat
- tiredness
- headaches
- blocked nose and sinuses
- difficulty breathing
- a tight feeling in your chest
- wheeziness
- fever (a temperature of 38.5°C or higher) and chills
- aches and pains

HOW LONG WILL THE SYMPTOMS OF BRONCHITIS LAST?

Your cough can last for a few weeks after the other symptoms of bronchitis have gone. This is called **acute** bronchitis.

If you have a cough and are producing sputum (mucus or phlegm) for more than 2 months, this is called **chronic** bronchitis.

Most of the symptoms of acute bronchitis are not severe, and you may not need to see your health professional. However, some symptoms of bronchitis can be similar to those of pneumonia (an infection that causes inflammation in your lungs), so it is important to look out for any changes in your symptoms.

See your health professional if you notice a change in your symptoms or they become worse.

It's OK to ask questions

If you have questions about your symptoms or the medicines managing your symptoms, speak with your health professional.

Adapted from NPS MedicineWise (2012), [What are the symptoms of Bronchitis?](#) Choosing Wisely does not assume any responsibility or liability arising from any error or omission or from the use of any information in these resources.