

# MORE ISN'T ALWAYS BETTER...



## WHEN IT COMES TO MEDICAL TESTS, TREATMENTS AND PROCEDURES...

Talk to your health professional about what is best for you and your whānau.

CHOOSE  
WISELY

[www.choosingwisely.org.nz](http://www.choosingwisely.org.nz)

**consumer.**  
now you know

A COUNCIL OF MEDICAL COLLEGES  
IN NEW ZEALAND CAMPAIGN  
and part of Choosing Wisely work internationally.

 HEALTH QUALITY & SAFETY  
COMMISSION NEW ZEALAND  
*Kupu Taurangi Hauora o Aotearoa*